

PROGRAM OBJECTIVES

The Department has established a number of goals which provide direction to the program and when accomplished by the student indicate a high level of professional preparation for the field of counseling. These goals are indicated in the program objectives that follow:

Clinical Mental Health Counseling Program Objectives

- a. *To demonstrate an understanding of the process and patterns of human learning and development across the life span within multicultural contexts.*

Met by: EPSY 520 Fundamentals of Human Growth and Development, COUN 530 Multicultural Counseling, COUN 545 Community Agency Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy

- b. *To develop an understanding of the social institutions, human roles, sociological factors, and societal concerns which impact on individuals within a multicultural, pluralistic society.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 545 Community Agency Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- c. *To demonstrate a range of basic counseling and consulting skills and techniques for counseling practice within clinical mental health settings.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 545 Community Agency Counseling, COUN 670 Counseling Theory and Techniques, COUN 690 Practicum Seminar, COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- d. *To examine critically the concepts and strategies of major counseling and consulting theories pertaining to clinical mental health counseling settings.*

Met by: COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 545 Community Agency Counseling, COUN 670 Counseling Theory and Techniques, and COUN 675 Group Counseling

- e. *To demonstrate an understanding of group development, group dynamics, and group counseling theories, as well as appropriate leadership styles, counseling methods and skills in groups.*

Met by: COUN 675 Group Counseling, COUN 690 Practicum Seminar, COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- f. *To demonstrate knowledge of career development and lifestyle theories, to identify occupational and educational resources and information as well as assessment tools, and to demonstrate skills in life-style and career development program planning.*

Met by: COUN 535 Career Counseling and Placement, and with appropriate clinical placement in COUN 690 Practicum Seminar, COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- g. *To understand psychometric theories and approaches to counseling appraisal techniques and to develop the ability to select and use standardized tests and to interpret and evaluate test results.*

Met by: EPSY 643 Measurement and Evaluation

- h. *To demonstrate knowledge of basic statistics and types of research and to be able to apply this knowledge in preparing research proposals, program evaluations and needs assessments.*

Met by: COUN 515 Statistics and Research in Counseling

- i. *To develop personal and professional awareness and identify their own basic values, attitudes, and interactive styles in counseling settings.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 670 Counseling Theory and Techniques, COUN 675 Group Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- j. *To understand the professional roles and functions of counselors, and the legal and ethical standards and issues pertinent to the professional practice of counseling.*

Met by: COUN 501 Introduction to Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 605 Ethical, Legal and Professional Issues in Counseling and Marriage and Family Therapy, COUN 670 Counseling Theory and Techniques, and COUN 675 Group Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- k. *To develop an awareness of the importance of active participation in professional organizations and associations, continuing education, and leadership and advocacy in the counseling profession.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 545 Community Agency Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms).

- l. *To demonstrate the ability to design, implement and evaluate appropriate preventive and remedial counseling, consulting, and systemic interventions and programs for clients in clinical mental health settings.*

Met by: COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 515 Statistics and Research in Counseling, COUN 545 Community Agency Counseling, COUN 555 Differential Diagnosis and Treatment Planning, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- m. *To develop an understanding of the roles of the counselor in a clinical mental health setting,*

including consultation, diagnosis, appraisal, treatment planning, record keeping, and advocacy for a diverse population of clients.

Met by: COUN 501 Introduction to Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 545 Community Agency Counseling, COUN 555 Differential Diagnosis and Treatment Planning, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

Marriage, Couple and Family Counseling and Therapy Program Objectives

- a. *To demonstrate an understanding of the process and patterns of human learning and development across the life span within multicultural contexts.*

Met by: EPSY 520 Fundamentals of Human Growth and Development, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 530 Multicultural Counseling, COUN 545 Community Agency Counseling

- b. *To develop an understanding of the social institutions, human roles, sociological factors, and societal concerns which impact on individuals, couples and families within a multicultural, pluralistic society.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 545 Community Agency Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- c. *To demonstrate a range of basic counseling and consulting skills and techniques for counseling practice within marriage, couple and family counseling and therapy settings.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 545 Community Agency Counseling, COUN 670 Counseling Theory and Techniques, COUN 690 Practicum Seminar, COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- d. *To examine critically the concepts and strategies of major counseling and consulting theories from a systems perspective, specifically pertaining to developing an understanding of family and other systems, theories and major models of family and related interventions.*

Met by: COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 545 Community Agency Counseling, COUN 670 Counseling Theory and Techniques, and COUN 675 Group Counseling

- e. *To demonstrate an understanding of group development, group dynamics, and group counseling theories, as well as appropriate leadership styles, counseling methods and skills in groups.*

Met by: COUN 675 Group Counseling, COUN 690 Practicum Seminar, COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- f. *To demonstrate knowledge of career development and lifestyle theories, to identify occupational and educational resources and information as well as assessment tools, and to demonstrate skills*

in life-style and career development program planning.

Met by: COUN 535 Career Counseling and Placement

- g. *To understand psychometric theories and approaches to counseling appraisal techniques and to develop the ability to select and use standardized tests and to interpret and evaluate test results.*

Met by: EPSY 643 Measurement and Evaluation and COUN 602 Assessment and Intervention in Marriage, Couple and Family Counseling and Therapy

- h. *To demonstrate knowledge of basic statistics and types of research and to be able to apply this knowledge in preparing research proposals, program evaluations, and needs assessments.*

Met by: COUN 515 Statistics and Research in Counseling

- i. *To develop personal and professional awareness and identify their own basic values, attitudes, and interactive styles in counseling settings.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 601 Theory and Development of Family Systems, COUN 670 Counseling Theory and Techniques, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- j. *To understand the professional roles and functions of counselors, and the legal and ethical standards and issues pertinent to the professional practice of counseling.*

Met by: COUN 501 Introduction to Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 605 Ethical, Legal and Professional Issues in Counseling and Marriage and Family Therapy, COUN 670 Counseling Theory and Techniques, and COUN 675 Group Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- k. *To develop an awareness of the importance of active participation in professional organizations and associations, continuing education, and leadership and advocacy in the counseling profession.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 545 Community Agency Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 605 Ethical, Legal and Professional Issues in Counseling and Marriage and Family Therapy, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms).

- l. *To demonstrate the ability to design, implement and evaluate appropriate preventive and remedial counseling, consulting, and systemic interventions and programs for individuals, couples and families in agency settings.*

Met by: COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 603 Laboratory in Marriage, Couple and Family Counseling and Therapy, COUN 515

Statistics and Research in Counseling, COUN 545 Community Agency Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- m. To develop an understanding of the roles of the marriage and family counselor in a community setting, including consultation, diagnosis, appraisal, treatment planning, record keeping, and advocacy for a diverse population of clients.*

Met by: COUN 501 Introduction to Counseling, COUN 545 Community Agency Counseling, COUN 600 Introduction to Marriage, Couple and Family Counseling and Therapy, COUN 603 Laboratory in Marriage, Couple and Family Counseling and Therapy, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

School Counseling Program Objectives

- a. To demonstrate an understanding of the process and patterns of human learning and development across the life span within multicultural contexts.*

Met by: EPSY 520 Fundamentals of Human Growth and Development, COUN 530 Multicultural Counseling, EPSY 661 Counseling Children and Adolescents

- b. To develop an understanding of the social institutions, human roles, sociological factors, and societal concerns which impact on individuals within a multicultural, pluralistic society.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 545 Community Agency Counseling, COUN 660 Organization, Administration, and Supervision of School Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- c. To demonstrate a range of basic counseling and consulting skills and techniques for counseling practice within school counseling settings.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 545 Community Agency Counseling, COUN 660 Organization, Administration, and Supervision of School Counseling, COUN 670 Counseling Theory and Techniques, COUN 690 Practicum Seminar, COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- d. To examine critically the concepts and strategies of major counseling and consulting theories pertaining to school counseling services.*

Met by: COUN 530 Multicultural Counseling, COUN 545 Community Agency Counseling, COUN 660 Organization, Administration, and Supervision of School Counseling, COUN 670 Counseling Theory and Techniques, and COUN 675 Group Counseling, EPSY 661 Counseling Children and Adolescents

- e. *To demonstrate an understanding of group development, group dynamics, and group counseling theories, as well as appropriate leadership styles, counseling methods and skills in groups.*

Met by: COUN 675 Group Counseling, COUN 690 Practicum Seminar, COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- f. *To demonstrate knowledge of career development and lifestyle theories, to identify occupational and educational resources and information as well as assessment tools, and to demonstrate skills in life-style and career development program planning.*

Met by: COUN 535 Career Counseling and Placement, COUN 660 Organization, Administration, and Supervision of School Counseling, COUN 690 Practicum Seminar, COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- g. *To understand psychometric theories and approaches to counseling appraisal techniques and to develop the ability to select and use standardized tests and to interpret and evaluate test results.*

Met by: EPSY 643 Measurement and Evaluation, COUN 660 Organization, Administration, and Supervision of School Counseling

- h. *To demonstrate knowledge of basic statistics and types of research and to be able to apply this knowledge in preparing research proposals, program evaluations, and needs assessments.*

Met by: COUN 515 Statistics and Research in Counseling

- i. *To develop personal and professional awareness and identify their own basic values, attitudes, and interactive styles in school counseling settings.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 660 Organization, Administration, and Supervision of School Counseling, COUN 670 Counseling Theory and Techniques, COUN 675 Group Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- j. *To understand the professional roles and functions of school counselors, and the legal and ethical standards and issues pertinent to the professional practice of school counseling.*

Met by: COUN 501 Introduction to Counseling, COUN 660 Organization, Administration, and Supervision of School Counseling, COUN 670 Counseling Theory and Techniques, and COUN 675 Group Counseling, EPSY 661 Counseling Children and Adolescents, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- k. *To develop an awareness of the importance of active participation in professional organizations and associations, continuing education, and leadership and advocacy in the counseling profession.*

Met by: COUN 501 Introduction to Counseling, COUN 530 Multicultural Counseling, COUN 545 Community Agency Counseling, COUN 660 Organization, Administration, and Supervision of School Counseling, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms) and COUN 600 Introduction to Marriage and Family Therapy (elective)

- l. To demonstrate the ability to design, implement and evaluate appropriate preventive and remedial counseling, consulting, and systemic interventions and programs for clients in school settings.*

Met by: COUN 515 Statistics and Research in Counseling, COUN 545 Community Agency Counseling, COUN 660 Organization, Administration, and Supervision of School Counseling, EPSY 661 Counseling Children and Adolescents, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)

- m. To understand the role of the school counselor in the total school environment with particular emphasis on the specialized functions of counseling, appraisal, educational and career planning, consulting and program planning and related technologies.*

Met by: COUN 501 Introduction to Counseling, COUN 535 Career Counseling and Placement, COUN 660 Organization, Administration, and Supervision of School Counseling, EPSY 643 Measurement and Evaluation, EPSY 661 Counseling Children and Adolescents, COUN 690 Practicum Seminar, and COUN 693 Internship (one term) or COUN 694/695 Internship (two terms)